

WOODLANDS NEWS

SEPTEMBER 2021

Hello Everyone
Update from Andrew

**THE
SHOW
MUST
GO ON**

Firstly, I would like to say thank you to all families/representatives who have truly been supportive, and amazing, with positive feedback to all measures and arrangements that have had to be implemented with regard to restrictions that still pertain over Covid.

I am delighted to confirm that all our staff have now been vaccinated. Woodlands recruitment policy has been amended that new staff need to have received their vaccinations.

I am pleased that the current visiting arrangements are working well, to which I will continue and watch with my eagle-eye to see how the rate of covid is affecting our county and country. It is still within my belief 'better to be safe, than sorry' with our continuing efforts to keep all our residents and staff safe and well.

All you have to do is
**RELAX
& ENJOY!**

Our strict regime of testing enables for Lily (Hairdressing) and Fiona (Footcare) to visit regularly.

'Pampering Tuesdays'
'Beauty Days' continue with reflexology and manicures.

**Happy
Friendship
Day**

Friday 30th July was Friendship Day. It is with reflection how fortunate we all are to have kind people around us. As I look around Woodlands, I truly believe that it is Friendship Day every day; Woodlands is blessed with kind people.

To this end, I am so grateful to families, representatives and also unknown persons and companies, who during this unprecedented time have brought so much kindness to Woodlands:

We continue earnestly with our infection control.

Sharon and Lisa continue to be innovative in providing activities:

Activities are designed around cognitive, thinking and ability. Everyday our residents can join in exercise classes, a variety of games as well as arts and crafts. A selection of music is played, with lots of singing – Sharon has been nominated 'Woodlands' Dancing Queen leading dance-classes.

For our competitive residents, much fun is had in 'Play Your Cards Right', 'Kerplunk' Target Games, Hoopla Puzzles and Quizzes and our infamous 'Pass the Parcel'.

Creative Cookery Classes continue with the making of savoury and sweet:
Gingerbread Men
Savoury: Kebabs
Savoury: Sausage Rolls
Jam Twirls
Tropical Fruit Loaf
Pizza – Like Mama used to make!!

Cream Teas also regularly enjoyed:

The debate continues: 'which comes first.. cream then jam .. or jam then cream?'

Truthfully, our scones did not stay round too long for the question to be answered – they were delicious!

All our residents becoming 'MasterChefs'.



Good Enough to receive a golden handshake from Paul Hollywood (British Bake-Off).

Every month a 'Culture Day' is held whereby a country is picked out of a hat. With this mind, flags adorn the Lounge, tables are laid accordingly and a special meal served. So far, we have travelled to:
Sri-Lanka
Sweden



... In September we are going to France with 'coq au vin' on the menu served with French wine, followed by a 'pomme tartin' and French cheeses.



Chocolate and cake sampling afternoons have also become a favourite, not forgetting our Cheese & Wine afternoons.

"All Connoisseurs"

A creative art afternoon was had with our residents making a heart out of all the colours - representing Woodlands diversity/equal opportunities for Woodlands to be part of 'PRIDE IN CARE' creating a huge 3ft heart filled with colourful buttons



OLYMPICS 2021



Woodlands had its own Olympic Games, which became very competitive between the Care Home, Day Centre and Woodlands Club.



Games included:
Mini Golf
Ground Target
Basket-Ball Games
Target Shot





**The Day Centre got GOLD
The Care Home got
SILVER
& Woodlands Club got
BRONZE**



**“All were winners”!
Followed by a celebratory
BBQ.**

**Towergate, Insurance,
wanted to give back to the
carers, residents and
communities by gifting five
care homes with a bird
watching kit, that includes a
bird box complete with a
camera, a bird table and a
bird food starter kit. The
competition was for the
home to confirm what the
kit would mean for our
residents. Woodlands
entered this competition
and WON!**

“BEHIND THE SCENES”

**Regular meetings continue
with the London Borough of
Hillingdon Forum and
supporting health
professionals. These
fortnightly meetings have
proven to be valuable,
particularly being ‘live’ with
meeting with other care home
managers.**

**I wish to thank all
families/representatives in
their support of consent with
regard to the Booster vaccine.
We are liaising with the Care
Home Support Team with
expected date that this will
take place on
Tuesday 5th October.**

**It is a requirement from NHS
to comply with data security
protection in order to
facilitate NHS mails.
Woodlands has now
EXCEEDED the Standards
required with assurance of
good data security pertaining
to all records upheld.**

**Annually, Woodlands
prepares a questionnaire
which is sent to all
families/representatives with
request for feedback of the
services that has been
provided, this assists us in
our future vision of the
Home.**

**This year, the questionnaire
will be slightly different with
focus on how Woodlands has
supported your loved-ones
and yourselves with regard to
the Covid pandemic. Your
support in reply would be
very much appreciated.**

**In 2019, in partnership, with
Uxbridge College we enrolled
Jemimah to undertake an
apprenticeship in Social
Care, Level 2 It is
rewarding that Jemimah will
now undertake Study in
Social Care (Level 3) with
promotion to Senior.
3 of my Carers will also
undertake a diploma with
Uxbridge College to achieve
Level 3 in Social Care.**

**We continue to work closely
with Social Care, Hillingdon
with staff being offered
training in pressure ulcer.
9 of our staff have completed
training in bladder and bowel
continence, with additional
staff undertaking training.**

**The above training is in
support of mandatory
training that all care staff are
required to undertake.**

OCTOBER



**In celebration of Harvest,
art and craft afternoons in
October will include the
making of ‘Woody’ the
Scarecrow.**

**Pumpkin soup will be
served with supper.**



CLOCKS GO BACK
31.10.2021

NOVEMBER

GUY FAWKES

'SPECIAL MEAL' 5.11

Back to 1605! - In tradition we will recognise the tradition that continues on the 5th November.

In commemoration, as part of arts and crafts our own Guy Fawkes will be created. Sharon will also light sparklers to brighten the day.

'Bangers and Mash' will be served.



'We Will Remember Them'
Remembrance

Never forgotten

TV coverage of the National Service of Remembrance at the Cenotaph in Whitehall, London will be respected on Sunday 14th November, as will the 11:00 am. silence on Thursday, 11th November. Arts and Crafts included Poppy Art, some of which adorned the window of the care home.

30.11 - St Andrews Day

Saint Andrew's Day is celebrated on the 30th November in Scotland. This day celebrates the Feast of Saint Andrew and is also considered Scotland's National Day.

Our Chef will cook a special 'Scottish Meal' Scottish Beef Casserole with 'Neeps and Tatties' Followed by Scottish Shortbread
Supper: Scotch Egg

DECEMBER

"Its beginning to Look A Lot Like Christmas"

To get into the ambience of Christmas, on Wednesday, 1st December, arts and crafts will be the making of Christmas Cards – lots of glitter and glue ... so much festive fun.

Santa's little helpers at the ready with the Christmas tree and decorations being put up on Thursday, 2nd December.

We look forward to a fun jolly day and lots of singing of Christmas carols.

Christmas would not be Christmas without the special movie "White Christmas". Our Movie Day has been planned for Friday 3rd December, followed by mince-pies and optional glass of sherry.

Due to the ongoing restrictions it is with Christmas Cheer for staff to become entertainers... with the party starting on Thursday 9th December. Woodlands camera crew will film this special event with a video being made to families/representatives in good time.



"CHRISTMAS PARTY"

Our Christmas Party with residents and care staff will be held on

Thursday 16th December

Like in the past, an all 'singing and dancing' afternoon and enjoyment of a festive buffet. Staff will have a non-uniform day and our residents will be 'dressed to impress'. We will raise our glasses with cheers in sincerity that next year we can all be together.

As Father Christmas is also in lockdown at the North Pole, staff will be Santa's helpers with delivering of gifts for each of our residents.

CHRISTMAS DAY

Our Chef aspires to keep Christmas traditional, with the serving of Roast turkey with trimmings and Christmas pud!
Starter: Prawn Cocktail

BOXING DAY

Cold Meats, Mash Potato and Pickles



... And a special Meal on New Years Day
Cod wrapped in Parma Ham

Bubbles will flow during this festive season ‘alcoholic and non-alcohol’.

“COMMUNITY”

We are awaiting confirmation whether there will be an annual Ickenham Community Fayre - it maybe possible that some of our staff and residents will be able to attend.

HAPPY BIRTHDAY WISHES



We would like to take this opportunity to wish “Happy Birthday” to our residents and in this edition some staff.... who celebrate “21 young years again!”

August

No resident’s birthday
We would like to include :
Ashma and Helen

September

Doreen Baxter

October

No Resident’s Birthdays
But we wish to celebrate so...
Happy Special Age Birthday to Sandi (Office).

November

Phyllis Fewell
Jean Kennett
Victor Hambridge
Rosemary Metcalfe
Jane Tuckwell

December

Jean Long
Jill Reynolds
Margaret Simpson



2021 – Poem from the Clients of the Day Centre

**The Summer seems to have Come and Gone
With Autumn coming...
bring it on !!**

**Here at Woodlands
Care Home, Club and
Day Centre, We had the
Olympics that We All
did Enter**

**The Autumn Leaves are
Changing Fast,
Let’s Hope that we do
not get a winter Blast !**

Take Care, and

We So Look

Forward to 2022