

# WOODLANDS NEWS

MAY 2022

## **Hello Everyone Update from Andrew**

From March to May, 3-months since our last Newsletter – where has the time gone ?

And like the March Hare, a cup of tea or other refreshments are readily available, upon your arrival, along with some biscuits.

Times are a changing, with limitations of the covid being lifted. With good arrangements for residents to receive their 2<sup>nd</sup> Booster. Little by little we are opening our doors for the return of entertainment and our volunteers and also the church services. We are also waiting response from a local primary school for the children to re-visit.

Also with the good weather arriving, so that we can enjoy the garden and outings.

March does seem such along time ago, but happy memories remain, such as :

Our culture day with celebration of Martisor". On March 1, Romanian people offer each other a "Martisor", which is a small snowdrop charm, worn on the wrist or clothing.

In May it is Eid-Al-Fitr, the end of the holy month of Ramadan. Our thanks to staff for their kind generosity in celebrating these wonderful occasions, which certainly complemented our food culture cooking day – with us all going to Spain this month!



**MOTHERING SUNDAY**  
Mothering Sunday was slightly different, but a special day was provided.



Our residents enjoyed an afternoon tea. Staff were mindful of this special day in making a very special effort to reminisce with residents about their thoughts or chatting about 'being a mother, a special aunt, friend and other family connections'.



A special day was enjoyed on St. Patrick's Day, bringing an Irish ambiance. All enjoyed the special Irish Meal, with Guinness as an option.



**APRIL**  
**Easter Sunday** was celebrated with a traditional Roast Lamb dinner. Staff and residents enjoyed the Easter Egg race.



### **St. Georges' Day**

A special day was enjoyed. Union Jacks were hung throughout the home with an afternoon of 'High Tea'



With the nice weather returning, it was lovely to have tea and cake at Hanwell Bunny Park with another day at Rickmansworth Aquadrome. Having the new transport vehicle has opened new adventures, with the next trip arranged to go to Iver Flowerland.

And here we are in May

### **MAY**

#### **VE Day 08.05**

We give our thanks to our residents and remember with graciousness and thankfulness for the freedom that we have today. This day was commended by chats, films and remembrance. Monday, 6th June, we will also pay our respects to all military for D.Day.

**'YeeHaw – Cowboys'**  
**Cowboy Hats at the Ready !**  
Confirmation is awaited for an afternoon of 'Line Dancing' ... hopefully for the month of May – or June.

On the 6<sup>th</sup> February 2022, we witnessed history: Her Majesty Queen Elizabeth II became the first British Monarch to celebrate a Platinum Jubilee, marking 70 years of service to the people of the United Kingdom, the Realms and the Commonwealth. To celebrate this unprecedented anniversary, we wish to be part of events and initiatives that will take place throughout the country:

Our special party will be held on **Wednesday 1<sup>st</sup> June**. A street-party will be created in the garden – celebration banners and accessories have already been purchased – we all look forward to a wonderful 'special' day. Gary Allan, Singer, a past-firm favourite – will return, with entertainment on the day.

### **FATHERS DAY**

**Sunday 19th June**

**2 :00 pm.**

Cakes and Tea will be served marking this special afternoon.

**'Without Music, Life would be a Mistake'.**

"Music brings our residents alive; it gives them stimulation, helps them to reminisce and enables them to socialise with others. They are able to interact and it gives some residents an opportunity to sing or hum along.

#### **'Resident Choice Afternoons'**

The new TV in the Lounge has options that can stream various music, movies and programs.. the favourite being Max Bygraves, Andrew Sisters and Bing Crosby, going back to various eras.

'A lot of fun had by all, particularly the singing and dancing.

We are fortunate to have a piano that our residents can play.

With listening and singing around the piano – bringing back past memories.

We are pleased that Lily continues to visit on Tuesday to support 'Beauty Days' for Hairdressing, with activities of manicures and

Lisa being able to offer reflexology.

As well as music arts and crafts continue to be a favourite past-time,

Our residents continue to thoroughly enjoy 'Cheese & Wine' afternoons, as well as making their own scones in preparation of a 'Cream Tea'.

Without hesitation from all with the chocolate fondue !!



Most popular remains 'Thursday Cooking' Savoury and Sweet

- Bread Pudding
- 'Supper' Sandwiches
- Victoria Sponge
- Raisin Muffins
- Cheese & Ham Slices



### **BEHIND THE SCENES**

Safety within the home is of paramount importance. I am pleased that the Home now has an electronic medication system (EMar), which will ensure and record the administration of medication.

On Monday, 9th May, an Health & Safety Inspector visited the Home (insurance). The meeting went well, with the Home meeting compliance.

I am very proud of my care-team and where possible we support training to enhance their skills and careers.

We welcomed back Nick in March who undertook practical training in Moving & Assisting.

Staff have attended refresher training with an external trainer visiting highlighting new facilities available on the Care Management System. We continue to work towards our objectives that all residents' care to be uniquely personalised.

We continue to work in partnership with Uxbridge College with staff continuing to complete various levels in social-care.

### **HAPPY BIRTHDAY WISHES**

We would like to take this opportunity to wish "Happy Birthday" to our residents who celebrate "21 young years again!"

Our personal thanks to Alf and our resident gardeners for making the garden so beautiful:

Not only are the flowers starting to bloom, but so are we! With awaiting good weather to relax and enjoy the fresh air.

I look positively to when we can all meet up again, hopefully soon with which I plan a 'Get Together' Party for us all – Hopefully in August for a summer Barbeque

MAY 2022

**I do trust that you find this  
Newsletter interesting and  
informative and until such  
time "Take Care"**

A handwritten signature in blue ink that reads "Andrew." The signature is written in a cursive style with a large initial 'A' and a trailing flourish.

AND ALL STAFF